



Celebrating 18 Years of Community Engagement

A Call to Action

MAY 2019 NEWSLETTER



Enriching Lives Through Community Engagement

As a small grassroots nonprofit organization, Sandhills Family Heritage Association (SFHA) has an immense reach for its size. The Sandhills Region of NC is diverse in groups that range from small cultural community groups to towns and populations within a range of educational systems.

SFHA's impact groups include families, local and regional communities, educational institutions, nonprofit organizations, individuals, the elderly, students, children, military families, the arts community, agriculture, and landowners. This ability to reach so many is due in part to leveraging partnerships, grants and donations, marketing and communications, outreach, and the unique menu of programs and services SFHA provides.

There is a place in SFHA for you and your special skill set, knowledge and talents. Please join us and help to make an even greater impact in our Sandhills Community. If you want to honor Dr. Martin Luther King's Legacy of Service for one day, one week or year round, please **Call: 910-497-0628 or Email: sandhillsfamily@yahoo.com.**

"Everybody can be great because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love." Dr. Martin Luther King Jr.

SFHA provides programs, projects, case studies, and lesson plans for students from second grade through graduate school.



**Christopher Darden, SFHA Intern
Fayetteville State University, School of Business and Economics**

For high school and college students the Sandhills Farmers Market is a place to build life and career skills. In 2012 Chris Darden, SFHA Intern, received a 10-week paid internship from The **Conservation Trust for North Carolina's Max Mukelabai Diversity Internship Program**. Chris' work supported efforts to strengthen small farming operations, document Sandhills farming heritage, and promote increased income for low-resource food producers. Chris brought a team of volunteers from FSU and painted the historic Civic Center building on the farmers market site in Spring Lake. He also served one term on the SFHA Board of Directors.



**Taylor Mebane, Native plant research intern
Studied Environmental Technology and Management at
North Carolina State University**

Taylor has made a major contribution to the Sandhills Family Heritage Association through her research of land records, native plants, and interviews with senior citizens regarding their connection to the land. She worked with the Boy Scouts, Cub Scouts and Cumberland County Cooperative Extension to identify, take photographs, inventory plants along the trail, and create a Native Plant Trail book.

“I have grown as a professional, as a writer, and as a steward of the land and for that I will forever thank Mrs. Jenkins and the Sandhills Family Heritage Association.”



Lauren Bartlett, Law Student Extern 2005

I had a fantastic summer working with SFHA! I especially enjoyed trying to help set up a Farmers Market and researching land ownership at the State Archives in Raleigh. I am energized to return to law school and more determined to continue working in land law and community economic development. I am also determined to continue talking about Black land ownership and I hope to spread the word about what I have seen this summer. I am even writing an article for the Human Rights Brief, a journal published at the Washington College of Law. I hope to write the article as a general overview, connecting black landownership issues with human rights. **Currently Lauren Bartlett is Director of Legal Clinics and Associate Professor of Law at Ohio Northern University.**

SFHA Mobile Food Pantry Stats for Month of May

A COMMUNITY SERVICE OUTREACH IN PARTNERSHIP WITH SANDHILLS FAMILY HERITAGE ASSOCIATION AND THE DUNN-LILLINGTON DISTRICT

ANDREWS CHAPEL AME ZION CHURCH
COMMUNITY
Outreach

SATURDAY, MAY 18, 2019
10 AM - 2 PM



FREE FOOD, HOUSEHOLD, HEALTH & HYGEINE
PRODUCT DISTRIBUTION



Sankofa Youth help distribute food

Number of Households Receiving Food for the First Time: 81
Number of Individuals Receiving Food for the First Time: 238
Number of Females: 161
Number of Males: 77
Number of Seniors (age 60+): 71
Number of Others (children and adults): 167

Historic Spring Lake Civic Center Project

“The Spring Lake Civic Club served as the location for planning strategies to integrate the public schools of Cumberland County. The schools were integrated when several black students enrolled in previously all-white schools in 1963.”

NC House Representative Marvin W. Lucas, District 42, Cumberland County



Visit the SFHA website to learn more about this project
Sandhillsfamilyheritage.org

Mark Your Calendar!

Sandhills Farmers Market of Spring Lake

230 Chapel Hill Road
Saturday, July 13, 2019
9AM-1PM

*Fresh Produce
Honey
Kids Activities
Food Truck*

Double Your EBT Dollars
with Fresh Bucks at the
Sandhills Farmers and Heritage Market of Spring Lake

\$ 20 = \$ 40
of EBT at the Farmers' Market

1. *Swipe* your EBT card at the info booth & get tokens
2. *Double* your tokens with a dollar-for-dollar match up to \$20
3. *Shop* with your tokens for SNAP-eligible foods at the market!



**We Accept
SNAP
Benefits**



Cumberland County Beekeepers



THANK YOU!



Sandhills Family Heritage Association

PO Box 754, Spring Lake, NC 28390

910-497-0628 or 910-309-2198 or sandhillsfamily@yahoo.com